

California, December, 2024

## **Clarice Peres, Ph.D. Neuroscience and Human Behavior**

Child and Adolescent Psychologist, Neuro-Psychologist and Psycho-Pedagogue  
Specializing in ADHD and Autism

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**Website:** [www.clariceperes.com](http://www.clariceperes.com)

Agency and management of lectures, congresses, and speech presentations in Brazil:  
[www.lisspalestras.com](http://www.lisspalestras.com)

YouTube Chanel: **Clarice Peres PhD ADHD & AUTISM** (TDA-H & Autismo)

[https://www.youtube.com/channel/UCbVtoqvYXh\\_-dNgY3ufC5dQ](https://www.youtube.com/channel/UCbVtoqvYXh_-dNgY3ufC5dQ)

Podcast: **On-Board Therapy** – Dr. Clarice Peres (TERAPIA A BORDO)

<https://open.spotify.com/show/3KcR6earweJBvrsGG1nDyq>

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Date of Birth: August 02, 1972

Place of Birth: Porto Alegre/RS, Brazil

Nationality: Brazilian

### **1. Current Activities**

- Research collaborator on Brain Wave Study of Autism Spectrum Disorders at **UCLA David Geffen School of Medicine, Semel Institute**, Department of Psychiatry and Behavioral Sciences, California, USA, 2015 - 2018.
- Research volunteer at the Neurophysiology laboratory, **UCLA Brain Mapping Center**, 2015 - 2018.
- Research collaborator at the **Child & Adolescent Division, Dept. of Psychiatry, UCLA**, USA, 2017 - 2018.
- Member (part-time) of University Hospital Professor Polydoro Ernani de Sao Thiago – Nucleus of Neuropsychology and Health, **University Federal of Santa Catarina (UFSC)**, Brazil, 2016 - today.
- **Neuro-Psychologist and Psycho-Pedagogue in ADHD, Autism and Behavior Disorders in Children and Teenagers**, California, USA, 2015 - today.
- **Sailing Therapy** on demand, 2017 - today.
- Member of **American Psychological Association (APA)**, USA, 2019 - today.
- Institutional Research Analyst at **First Step Counseling**, California, USA, 2019 - today.
- Neuropsychologist at **First Step Counseling**, California, USA, 2019 - today.
- Sabbatical year 2023/2024.

### **2. Past Positions**

- Research collaborator at the **Mindsight Institute with Dr. Daniel J. Siegel**, 2017- 2018.
- Associate Researcher and Adjunct Professor at the Department of Education and Sport Sciences of the **University of Vigo, Spain**, 2012 - 2014.
- Psychologist and Psycho-Pedagogue in ADHD at the **Association for the Diagnosis and**

**Treatment of Attention Deficit, Hyperactivity and Dyslexia (ADAH)**, Vigo, Spain, 2012-2014.

- Psycho-pedagogue, **Institute of Children Development**, Vigo, Spain, 2011- 2012.
- Psycho-pedagogue at the **Ananta Psychology Center** performing treatments with quantum bio-resonance SCIO, Vigo, Spain, 2007 - 2014.
- C.I.E.N.C.I.A project at **Center of Studies Ananda**, Salvador, Bahia, Brazil, 2005 -2006.
- Psychological counselor at **Nobel and Dom Bosco** schools and at the **Cidade da Luz** orphanage in Salvador, Bahia, Brazil, 2003 - 2006.

### 3. Education

- **Ph.D.** (2008-2013) in Psychology of Education– University of Vigo (UVIGO), Vigo, Galicia, Spain.
- **M.Ed.** (2006-2007) in Psycho-Pedagogue in AD – Lutheran University of Brazil (ULBRA), Porto Alegre, Rio Grande do Sul, Brazil.
- **Education Specialist**, Specialty in Epistemology (2005-2006) - Federal University of Bahia (UFBA), Salvador, Bahia, Brazil.
- Bachelor Degree (2001 - 2006) in **Pedagogy** (Early years of elementary school) – Metropolitan Union of Education and Culture (UNIME), Salvador, Bahia, Brazil.
- **Clinic Psychologist**, Specialty in Health Psychology (2000 - 2001) – Catholic University of Porto Alegre (PUC/RS), Rio Grande do Sul, Brazil.
- Bachelor Degree (1994 - 1999) in **Psychology** – Lutheran University of Brazil (ULBRA), Porto Alegre, Rio Grande do Sul, Brazil.

### 4. Continuous Education

- **M. Ed. MBA**, Ezra University, Los Angeles, CA, USA, 2020 - 2021.
- **M. Ed. Theology**, Thesis: Neurotheology, EZRA University, Los Angeles, California, USA, 2018 - 2020.
- Dream Tending, Steve Aizenstat, Pacifica Graduate Institute, Santa Barbara, CA, USA, 2019.
- Holotropic Breathwork, Grof Transpersonal Training, 2019.
- Seduction of the spirit, Deepak Chopra, Carlsbad, USA, 2017.
- Awareness Through the Body, Joan Sala, Matagiri Sri Aurobindo Center, Auroville, India, 2017.
- HIPAA Privacy and Information Security Training, UCLA, California, 2015.
- CICARE Annual Training, UCLA, California, 2015.
- Cranium-puncture, Dr. Prof. Toshikatsu Yamamoto, Seoul, South Korea, 2012.
- Course on Cranium Sacral, Upledger Institute of Spain, Madrid, Spain, 2012.
- Symposium Claudio Naranjo, Madrid, Spain, 2012.
- Medical Laser-therapy, Sunsimiau Medical Arts, Porto, Portugal, 2011.
- Hypnosis, José Luis Cabouli, Ferrol, Spain, 2011.
- Bioenergetics, Gerardo Bonilla, Baiona, Spain, 2010.

## 5. Scholarships

- **Ph.D. scholarship** (2008-2013) in Psychology - University of Vigo (UVIGO), Spain.

## 6. Teaching

- Classes as Special Invitation: UFSC, UFPR, USP - **Child Psychology and Neuropsychology**, Master and Doctorate in Psychology and Education, Brazil, today.
- **Psychology of Sports**, Master in Physical Education, University of Vigo, Spain, 2010 - 2014.
- **Psychology: Prevention and treatment of learning difficulties**. Bachelor in Primary Education, University of Vigo, Spain, 2010 - 2014.
- **Introduction to Scientific Methodology**, Degree of Pedagogy, UNIME, Salvador, Brazil, 2006.
- **Teaching in the Program for Alphabetization of Adults**, UNIME, Salvador, Brazil, 2005.
- **Teaching Practice in Psychology** at ULBRA, 1999 - 2000.
- **Primary and Secondary School Teaching** in Porto Alegre and Salvador, Brazil, 1990 - 2000

## 7. Participation in Research Projects

- Institutional Research Analyst, **First Step Counseling**, San Pedro, CA, 2019-2022.
- Research collaborator on **NeuroSigma**, Inc., UCLA, Los Angeles, CA, 2019.
- **Brain oscillatory patterns associated with GABA/Glutamate signaling and cognition in ASD**. Team leader: Jennifer Levitt, M.D., UCLA, USA, 2015-2018.
- Design and implementation of an intervention program in learning strategies for ADHD (**PIE – TDA-H in Spanish**) in public schools of Vigo, Spain. Co-leading Researcher with Federico Cardelle, University of Vigo, Spain, 2011-2012.
- **PASS Model of J. Das, J. Naglieri & J. Kirby: Assessment of cognitive processes for reading in ADHD**, Co-leading Researcher with Federico Cardelle, Dept. of Psychology and Communication, University of Vigo, Spain, 2007.
- UNIME: **Initiation to Consciousness and Integral Education: A Partnership between School and Family**, Leading Researcher, 2006.
- **Epistemology of Educating and Pedagogical Practices**, Leading Researcher, UFBA, Salvador, Brazil, 2005.
- **Clinical Stages for Treatment of Children Learning Difficulties**, Leading Researcher, ULBRA, Porto Alegre, Brazil, 1999.

## 8. Publications

### 8.1 Books

- **Peres, Clarice**. ADHD: From Theory to Practice. Manual of strategies for the family, school, and health scopes. Published in Portuguese by Wak, Rio de Janeiro, Brazil. Four printings: 2013, 2014, 2016, 2023.
- **Peres, Clarice** and Schlindwein-Zanini, Raquel. Neuropsychology in Action: Understanding the Practice. Published in Portuguese by Wak, Rio de Janeiro, Brazil

August 2015.

- **Peres, Clarice.** ADHD: From Theory to Practice. Manual of strategies for the family, school, and health scopes. Published in Spanish by La Rodana, Vigo, Spain, 2013.

## 8.2 Chapters in Books

- **Clarice Peres.** The Child and Therapeutic Neuroscience in Childhood Psychiatric Disorders: ADHD and Autism. In Neuropsychology of Motor Disorders, Chapter 3, 1<sup>st</sup> edition, Leandro F. Malloy-Diniz and Paulo Mattos, editors, Rachel Schindwein-Zanini and Roberto Moraes Cruz, organizers, Pearson, 2019.

## 8.3 Theses

- Ph.D. Thesis: **Cognitive and meta-cognitive strategies for children with ADHD**, University of Vigo, Spain, 2013.
- Master Thesis (DEA): **Meta-cognition and reading strategies in ADHD, a vision from the Pass model**, University of Vigo, Spain, 2010.
- M. Ed. Thesis: **Attention Deficit Disorder at School: Strategic Mediation and Psychopedagogical Intervention**. Lutheran University of Brazil (ULBRA), Porto Alegre, Rio Grande do Sul, Brazil, 2007.
- Pedagogy Thesis: **The Discipline Initiation to Consciousness and Integral Education: a partnership between School and Family?** Metropolitan Union of Education and Culture (UNIME), Salvador, Bahia, Brazil, 2006.
- Psychology Thesis: **Clinical Internships for the Treatment of Child Learning Disorders**. Lutheran University of Brazil (ULBRA), Porto Alegre, Rio Grande do Sul, Brazil, 1998.

## 8.4 Journal Articles

- **Peres, Clarice**, Dosil, J. and Cardelle, Federico. Questionnaire for PIE – TDA-H (in Spanish). TOG – Journal of Educational Therapy, A Coruña, 2017.  
<http://www.revistatog.es/ojs/index.php/tog/num26>
- **Peres, Clarice**, Dosil, Joaquín & Cardelle, Federico. PIE – TDA-H: Intervention program in cognitive and meta-cognitive strategies for children with ADHD in primary education (in Spanish). <https://dialnet.unirioja.es/servlet/articulo?codigo=6273861>

## 8.5 Conference Articles and Posters

- **Peres, Clarice**, Allevato, Eugene and Al Marrar, Moayad. **A Study of Autism Across Western and Non-western Cultures**. II SESC Rio de Janeiro World Congress on Education: This school called life., Brazil, 2021.
- Peres, Clarice. **Sailing therapy for teenagers with ADHD and Asperger**, IV South Brazil Congress of Cognition, Florianopolis, June 2017.
- Peres, Clarice. **“New approaches in the treatment and diagnosis of the disorder, Attention Deficit Hyperactivity Disorder (ADHD)**, III Meeting of Childhood Neuropsychology, University Sao Paulo, Brazil, 2014.
- Peres, Clarice; Dosil, Joaquín; Cardelle, Federico and Fernández Sastre, Jose Luis. **Program PIE-TDA-H**, XVI World Congress of Psychiatry, Madrid, 2014.
- Peres, Clarice, Dosil, Joaquín and Cardelle, Federico. **Program PIE-TDA-H**, 59o

Congress AEPNYA, Santander, Spain, 2014 (3<sup>rd</sup> place award).

- Peres, Clarice. **PIE-TDA-H – Intervention program in cognitive and meta-cognitive strategies for children with ADHD in primary education**, 5th ADHD National Congress, Barcelona, Spain, 2014.
- Peres Clarice. **PIE – ADHD (Intervention Program in Learning Strategies)**, poster at the II National Symposium of **Clinic Psychology for children and adolescents**, Aitana Research, Valencia, Spain, 2012 (poster).
- Peres, Clarice. **ADHD: from the theory to the practice**, IV International Congress of Natural Medicines, Porto, Portugal, 2012.

**8.6 Podcast TDA-H & Autism: From Theory to Practice. Strategies for the family, school, and mental health scopes. With Syang @syangoficial.** All audio platforms. California, USA, 2022.

- First Episode September:

<https://open.spotify.com/episode/2wxxH08IWeAptXNOMAVBel>

[https://www.amazon.com/dp/B0BC6BW5NN/ref=mp\\_s\\_a\\_1\\_1](https://www.amazon.com/dp/B0BC6BW5NN/ref=mp_s_a_1_1)

<https://rephonic.com/podcasts/tda-h-autismo-da-teoria-a-pratica>

## 8.7 Outreach Articles & Videos

- **On-board Therapy** – Dr Clarice Peres & Marina Guedes – October, 2023, 2024, California and Italy <https://open.spotify.com/show/3KcR6earweJBvrsGG1nDyq>
- UFPR (Federal University of Parana) SB Botanical Health Library - **ADHD from Theory to Practice** – April, 25, 2022, Brazil. <https://youtu.be/UGNThK29yDw>
- Abayomy Academy: **SHE Magazine, Smart & Happy Environments**. Monthly column on Ethics and Neuropsychology, written with children and adolescents from The Ethical Planet, 2021-2022. <https://abayomiacademy.org/blog/publicacao/557366/ahhhhhhh-love> and <https://www.instagram.com/theethicalplanet/>
- Clarice Peres UCLA **TDA-H e Autismo**, 2020. <https://www.youtube.com/watch?v=wjrowr0WXBM>
- **6 Estratégias para o TDA-H! Da Teoria à Prática**, 2020. [https://www.youtube.com/watch?v=s\\_ozk6HTIC4&t=4s](https://www.youtube.com/watch?v=s_ozk6HTIC4&t=4s)
- **TDA-H Medicina Integrativa**, 2020. [https://www.youtube.com/watch?v=OC8ynC0bg\\_8&t=2s](https://www.youtube.com/watch?v=OC8ynC0bg_8&t=2s)
- **Autism with Ejner** (in Portuguese: Autismo com Ejner) 2017. <https://www.youtube.com/watch?v=mF8qrJ7X8n0&t=40s>
- **Autism: Learning to Learn with Ejner** (in Portuguese), 2017. <https://www.youtube.com/watch?v=ejMGZ186WBk&t=14s>
- **ADHD at School: Treatment and Diagnosis** (in Portuguese: *TDA-H na Escola: Tratamento e diagnóstico*), 2017. <https://www.youtube.com/watch?v=ozCjfCy-uPc&t=1s>
- Peres, Clarice. **The family as a symptom** (in Spanish), *Periódico del Bien Común* (digital newspaper of the common wealth), 2014, Argentina.
- Peres, Clarice. **Assisted therapy with animals for children with ADHD** (in Spanish) Magazine *Veternatur*, number 4, pages 21-22, 2012, Spain.
- Peres, Clarice and Cardelle, Federico. **Learning how to learn** (in Spanish). Saber

Alternativo (Alternative Knowledge magazine), number 20, volume 4, page 40, 2011, Spain.

## 9. Invited Talks, Podcasts and Seminars

- **Podcast QCE** with Regih Gonzaga, ADHD & Autism with Clarice Peres. October, 12, 2023. <https://www.youtube.com/live/e1uVANipy3E>
- **Podcast Mare Sonora** with Marina Guedes, ADHD & Autism Onboard Therapy: Sailing Therapy. May, 28, 2023. <https://youtu.be/1KiE4JO53x8>
- **Podcast @Despeticidade** with Eduardo Sampaio, **ADHD & Autism Awareness**, Texas, October, 03, 2022. <https://open.spotify.com/episode/1bJLsdbP0ILStqjZils0ik>
- **Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** – Live on Instagram – @brain.alive, Brazil, July 09, 2022.
- **Podcast** - Neuro-philosophical Cafe with professor Lúcia Helena Galvão, **A conscious chat between the Brain and Philosophy**. <https://www.audible.com/pd/463-Cafe-Neuro-Filosofico-com-Clarice-Peres-PhD-TDA-H-AUTISMO-e-Prof-Lucia-Helena-Galvao-Podcast/B09NDW8H11>
- UFPR (Federal University of Parana) – **Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** (Online Class) – Postgraduate Program in Developmental Neuropsychology: Developmental Neuropsychology (Child Rehabilitation, Attention Deficit Disorder and Hyperactivity Disorder), Brazil, 2020.
- Chat with Natural Chef Suany Piffer of Growfit Restaurants, **Is our stomach our second brain?** – Live on Instagram, February, 10, 2022. <https://www.instagram.com/p/CZy1jZ4KLBE/>  
[https://www.instagram.com/p/CaCL9c-jE\\_Z/](https://www.instagram.com/p/CaCL9c-jE_Z/)
- Chat with Antonio Jr Essential, **Pilgrimage on the way to mental health** – Live on Instagram, December, 20, 2021. <https://www.instagram.com/p/CXuP3qDIAuh/>
- Neuro-philosophical Cafe with professor Lucia Helena Galvao, **A conscious chat between the Brain and Philosophy**. – Live on Instagram, November 15, 2021. [https://www.instagram.com/p/CWUHuJsq\\_XT/](https://www.instagram.com/p/CWUHuJsq_XT/)
- Chat about **neuropsychological rehabilitation after COVID-19** with Dr. Livia Valentin. – Live on Instagram, October, 30, 2021. <https://www.instagram.com/p/CVqYMtBIRhO/>
- **ADHD and Mindfulness: Mindfulness Academy** – Live on Instagram, June 16, 2021. <https://www.instagram.com/p/CQPUE2rAVfq/>
- **How I see the world: Autism and ADHD!** – Live on Instagram, May 31, 2021. [www.matraquinha.com](http://www.matraquinha.com) and <https://www.instagram.com/p/CPiquTyFEt2/>
- UFPR (Federal University of Parana) – **Integrational Neuropsychology: Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** – Postgraduate Program in Developmental Neuropsychology: Developmental Neuropsychology (Child Rehabilitation, Attention Deficit Disorder and Hyperactivity Disorder), Brazil, April, 2021.
- UFSC (Federal University of Santa Catarina) – **Integrational Neuropsychology: Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** – Florianopolis, Brazil, April, 2021.
- FAPEU - Foundation for Support to University Research and Extension (Brazilian Ministry of Education) of UFSC (Federal University of Santa Catarina) – **Integrational Neuropsychology: Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** – Florianopolis, Brazil, April, 2021.

- Best of Self: **Women's Mental Health During Pandemic** – Live on Instagram, March 19, 2021. <https://www.instagram.com/melhorde.si/>
- Conselho Regional de Psicologia de Santa Catarina (CRP) – **Intellectual Disability from the perspective of Neuropsychology**. (portuguese **A Deficiência Intelectual sob o prisma da Neuropsicologia**). Brazil, December, 10, 2020. <https://www.youtube.com/watch?v=InIOF5mU6wM&t=3332s>
- UFRJ (Federal University of Rio de Janeiro) – Live on Instagram – **Let's give Wings and Open Sail to Our Emotional Brain, with Ruy Marra**. Brazil, November 5, 2020. <https://www.youtube.com/watch?v=-nCu3f0Ws1I&t=2346s>
- WAK Editorial – Book Marathon – **ADHD Awareness** – Brazil, 29 October, 2020. <https://www.youtube.com/watch?v=fSzLu7HvWek>
- UFPR (Federal University of Parana) – **Children and Therapeutic Neuroscience in Child Psychiatric Disorders: ADHD and Autism** (Online Class) – Postgraduate Program in Developmental Neuropsychology: Developmental Neuropsychology (Child Rehabilitation, Attention Deficit Disorder and Hyperactivity Disorder), Brazil, 2020.
- Educational Seminar Learning Space: **Neuroeducation and Human Development**, Brazil, 2018 <https://www.youtube.com/watch?v=vSEddTzxLt4>
- 5<sup>th</sup> International Education Congress of Northwest São Paulo. **Interpersonal Neurobiology: Science and Practice of Being Conscious / Awareness** – Brazil, 2018. <https://www.youtube.com/watch?v=T6Epveo-yns>  
<https://www.youtube.com/watch?v=7KA7dC2ZTps>
- CONNAPED – **Neuropsychological Strategies of Learning Intervention for Children with ADHD Diagnosis** – National Congress of Neuroscience Applied to Education: Brazil, 2018.
- **Cerebral Coaching for ADHD: from theory to practice (invited keynote)** – II South Brazilian Congress in Cognition & First Santa Catarina Workshop on Neuro- psychology, Federal University of Santa Catarina (UFSC), Florianopolis, Brazil, 2014.
- **Cerebral Coaching Workshop in Strategies for ADHD** – University of Vigo, Spain, 2014.
- **ADHD: From Theory to Practice** – Symposium of Learning Disorders and Difficulties, Culture Bookstore, Porto Alegre, Brazil, 2013.
- **ADHD: From Theory to Practice** – Symposium of Learning Disorders and Difficulties, Wak Publisher, Rio de Janeiro, Brazil, 2013.
- **Program of Sacral Cranium for ADHD** – Institute of Children Development, Vigo, Spain, 2012.
- **Glen Doman Method for ADHD** – Institute of Children Development, Vigo, Spain, 2011.
- **Food for Development Disorders** – Ananta Center of Psychology, Vigo, Spain, 2010.

## 9.1 Clarice's Basket Project

Reading changes, you! This project aims to encourage reading and promote knowledge and awareness through books. Hence, we give tips on incredible books that have transformed and continue to transform my life! And they can change yours forever!

**READ, POWER YOUR MENTAL HEALTH AND BE HAPPY!**

<https://youtu.be/uA18tgXhd70>

- Chat with Paola Baggio of Coffee and Reading Bookstore – Live on Instagram, February, 13, 2022. <https://www.instagram.com/p/CZ7aD0Wqidm/>

## 10. Sailing Therapy

- VELA SHOW 2022: **Sailing is the best Therapy: reconciling life on board with the life of a neuroscientist** – Brazil, May, 20. <https://www.instagram.com/p/CY8-UfWpoBr/>
- SAILING.BRAVE: **Live on board – Are we experts in unpredictability?** – Brazil, February, 7, 2022. <https://www.instagram.com/p/CZsWwoclVjH/>
- NOMADE\_ALI: **What is the impact of nomadic life on mental health?** – Brazil, April, 4, 2021. <https://youtu.be/0MEOKh4i4A8>
- Think Tank by Abayomi Academy: **Living on a sailboat: why is it a smart and happy choice?** – Florida, February 3, 2021. <https://youtu.be/CXtEwwpE8Zo>
- **Sailing the Seas and the Mind! with Beto Padiani** – Brazil, October 16, 2020. <https://www.youtube.com/watch?v=4o-30KVMYhY&t=3s>
- #SAL: **Precisa largar a carreira para morar em um veleiro?** 2020. <https://www.youtube.com/watch?v=XpusrGxRqu8&list=PLJuUhfS47scVPMYiGUXq05gqN4dncnkob>
- **ADHD & Asperger / Sailing Therapy** (in Portuguese), 2019. <https://www.youtube.com/watch?v=zhFb8hQTyfM&t=215s>
- **Sailing Therapy** <https://www.youtube.com/watch?v=LtHkk5IFSH8> , 2018.
- Brazil Planet – **A neuroscientist living on board** – Globo International TV, 2018. <https://globointernacional.globo.com/Americas/Paginas/planeta-brasil-acompanha-encontro-pre-br-day-ny-veja-completo.aspx>
- Cade Brazil: **Como morar fixo em um barco numa marina em Los Angeles**, 2017. <https://www.youtube.com/watch?v=CoZdQmEIHao>
- Sailing Therapy Day - **What we process, we learn. What better way to process if not by experimenting?** (in Portuguese), 2017. <https://www.youtube.com/watch?v=DujIEBqO3mE&t=10s>

## 11. Languages and Skills

- Native speaker of Portuguese.
- Advanced Level of Spanish certified by the Language School of Vigo, Spain, 2014.
- Advanced Level of English, Language Systems, Los Angeles, 2014-2017.
- Good computer skills including scientific statistical software (SPSS, LISREL and E-PRIME)
- Knowledge of Neuroimage Technology EEG, fMRI, sMRI, MRS, MEG, TC, RM, and DTI.

## 12. Miscellaneous

- Hobbies: Sailing (route back TRANSPAC Race), Beach Volleyball, Beach Tennis and Swimming.